Western Reserve Hospital
Lung Health Program

FREE 5-week "How to Quit" group sessions available.

Session Offerings: Saturdays (Registration required)

Saturday classes available! Tuesdays (Registration required)

WESTERN RESERVE HOSPITAL
Proudly Physician Owned

To register call: **(330) 929-LUNG (5864)**
Visit us online to learn more - westernreservehospital.org

Download the Plan Q App!

Search the Google Play Store or Apple App Store for Plan Q. Enter the code "WRH" to unlock features to help you quit!

Plan Q is a Pfizer product.

Western Reserve Hospital
Lung Health Program

Western Reserve Lung Health Program "How to Quit" classes provide current and past smokers with educational support and resources to break the habit. Our FREE group sessions include 5 class sessions provided by a certified tobacco treatment specialist.

Group sessions are available on Tuesdays and Saturdays (**registration required**).

Call today to learn more about our next session offerings! **(330) 929-LUNG (5864)**

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